



Subject: EVS

Class: 1

No. of periods: 11

Month : 7th April 2021- 30th April 2021

Name of the topic:

CH.1 MYSELF

CH- 2 MY BODY

CH-3 MY SENSE ORGANS

Sub-topics:-

- a) Oneself
- b) Body parts
- c) Importance of each body part and its uses
- d) How to take care of our body
- e) Sense Organs

Teaching aids/ resources: Classroom teaching aids, White board, pictures, Digi board and charts

Learning objectives: The students will be able to:

- 1) Know and speak a few lines about themselves
- 2) Identify different body parts and sense organs
- 3) Correlate body parts with their functions
- 4) Name the different body parts
- 5) Know the function of each body part both internal and external
- 6) Know the functions of each sense organs

Period/ Date	Sub-topics	Recapitulation (Previous Knowledge)	Introduction	Explanation	Vocabulary	Activity	Written Work (HW/CW):
1	Ch-1 Myself	Teacher to ask the students questions like 1. What is your name? 2. How old are you? 3. When is your birthday?	Teacher will introduce the chapter by giving a self introduction.	When someone tells about oneself, it refers to myself.	Myself Father Mother Sister Brother Birthday Address	Pass the Ball and introduce • Have all students stand in a circle Hold a ball and tell the students they will be introducing themselves to their classmates by saying their name and stating their favorite thing to do. • Start the exercise by introducing yourself and stating your favorite thing to do. Pass the ball to the next person, encouraging them to do the same. • Explain that	Pg 5, (C.W) Pg 6(C.W)

						today, students will be getting to know more about their classmates.	
2	Myself	-----	-----	-----			Workbook Pg 1(C.W)
3	Ch-2 My Body	<p>Teacher to ask the students a few questions</p> <ol style="list-style-type: none"> 1. Children, show your fingers. 2. How many fingers do you have? 3. Can you show your eyes? 4. Show your legs. 	<p>Teacher will introduce the chapter by showing the Digi board and chart of external body</p>	<p>Any body part which can be seen externally are called <u>external body parts</u> e.g. hand ,eyes ,leg etc</p> <p>Teacher will explain and discuss about the importance and function of each external body parts.(C.B Pg 8)</p>	<p>Body, elbow, shoulder, waist cheek thigh abdomen palm kicking writing</p>	-----	Pg 7 (C.W)

4	My Body	Teacher will use a chart and ask the children to identify the body parts	Oral revision of the chapter with the help of charts and pictures	-----	Throwing Pulling Catching wiping	-----	Pg 9,10,12 (C.W) Pg 11(H.W)
5	My Body	Teacher to ask the students a few questions 1. Which part of the body helps you to think? 2. Which part of the body pumps blood?	Teacher will introduce the chapter by showing pictures and charts of internal body parts.	Parts that are inside our body are called internal organs.	Brain Heart Lungs Kidney	-----	----- -

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My Body

Please touch
(activity)
Please Touch

Materials: none

Time: 5 minutes

Receptive Language:
instructions, 'Please
touch your [body
part]'

Productive
Language: none

Game Explanation:
Have the students
stand in a circle &
demonstrate that
when you call out
'Please touch your
[body part]' the
students must do so
as quickly as
possible, but that if
you only call out
'Touch your [body
part]' they are not to
do so. Any students
that make a mistake
sit down. Continue
play until there are a

						handful of champions, until only one student remains, or you've successfully knocked them all of the students out of the game. ACIVITY: Pasting the Parts of the face and the body	
7	My Body	-----	-----	-----	-----		Workbook: Pg.4 and 5 (C.W)
8	Ch- 3 My Sense Organs	1. How many times you can blink in one minute? Come let's try. 2. How many toes do you	Teacher will ask questions to introduce the topic. 1) How do our eyes help us? 2) What is the function of our nose? 3) How will you know	Explanation about the five <u>sense organs</u> and how they help us to know the things and the world around us	Sense organs, feel, breathe, touch, smell, hear,		Pg 15,16,17,18 (C.W)

		have? 3. Which body part covers our brain?	that the sugar is sweet? 4) How does skin help us?				
9	My Sense organs						Notebook (question and answers)
10	My Sense organs		Oral revision of the chapter with the help of charts and pictures	.	----- --	-----	Workbook Pgs.6 and 7 (C/W)
11	My Sense organs					ACTIVITY 1)Draw the sense organs Use a simple	

					<p>drawing to introduce children to the five senses.</p> <ul style="list-style-type: none">• On the board or a large piece of chart paper, draw a stick figure without eyes, ears, mouth, nose, or hands.• Ask children to think about the important features that the person is missing.• Prompt them to suggest that the figure needs eyes.• Follow the same procedure and add ears, nose, mouth, and hands.• Explain that seeing, hearing, smelling, tasting, touching, and feeling are the five senses. Tell children that people use their senses to learn about the world.	
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					<p>2) Oral Activity – Extra! Extra! Tell All About It!</p> <p>Materials: oranges or apples</p> <p>Present the class with a piece of fruit, such as an orange or apple.</p> <ul style="list-style-type: none">• Have children use their senses to describe the fruit.• Prompt them by asking sensory questions such as: What does the fruit look like? Does it make a sound? How does it feel? Does it have a smell? How does it taste?• Write children's ideas on the board, reading them aloud as you write.• Help children understand that they used their senses to	
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						<p>describe the fruit.</p> <ul style="list-style-type: none"> • Help students draw pictures to show the things they saw, smelt, heard, tasted and felt during the activity. • Gather in groups and invite children to share their activity sheets. 	
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e-content used: videos, smart class

Hots questions: (to be done in notebook)

1. State the difference between fingers and toes.

Classwork in notebook: For Day 9

1. Draw the five sense organs and label them.
2. Write the different functions of each sense organs

Ans. We see with our eyes.

We hear with our ears.

We smell with our nose.

We taste with our tongue.

We feel with our skin.

3. Name any three things that we can do with our hands .

Ans. We can write, eat and hold things with our hand.

ASSESSMENTS & SPL.TESTS : none

Objectives in the form of Learning Outcomes: (Bloom's Taxonomy)

LEVELS OF THINKING	On completion of the topic, students will be able to
REMEMBER	<ul style="list-style-type: none">• Remember new words.• Identify their body parts.
UNDERSTAND	<ul style="list-style-type: none">• Know the function of different body parts.• Know the function of sense organs• Find out the similarities of body parts by comparing with their friends
APPLY	<ul style="list-style-type: none">• Children will develop awareness about the growth of their body.
ANALYZE	<ul style="list-style-type: none">• Identify the different body parts and sense organs and their importance of .
EVALUATE	<ul style="list-style-type: none">• Back exercise of course book (independent practice).
CREATE/ CONSTRUCT	<ul style="list-style-type: none">• Create routine involving regular physical exercises.• Students query

For Teacher's reference

MY BODY

